

Cameroon – Anesthesiologist Volunteer

Background:

Mbingo Baptist Hospital (MBH) is a referral and teaching hospital of the Cameroon Baptist Convention Health Service (CBCHS). It is the location of Postgraduate Internal Medicine, General Surgery, and Head and Neck Surgery training programs. There is also on-site specialist surgery in ENT, Pediatric Surgery supported by a basic Intensive Care.



The Anesthesia service is headed by Dr Nshom Ernest, Anesthesiologist, who is also the Chief Medical officer of MBH, as well as the CBCHS coordinator of Anesthetic Services for the approximately 16 hospitals under the Health Service. During 2026, Dr Ernest has been responsible for the training of groups of Nurse Anesthetists, as well as contributing to a further course of Anesthetic Assistants.

The 7 operating rooms currently in use at MBH are equipped with a combination of modern anesthetic machines and field anesthetic machines. Ultrasound support, fiberoptic bronchoscopy, and regional anesthesia are available. The hospital undertakes approximately 6,000 operations per year, as well as occasional anesthetic services for CT scan and endoscopy.

A visiting anesthesiologist would report to Dr Ernest and support him in the following general areas:

Training:

- Weekly anesthetic case discussions.
- Preoperative assessments.
- Operating Room instruction.
- Preparation of clinical guidelines.
- Attendance at weekend surgical report.
- Supervision of surgical residents during anesthetic rotation.

Clinical:

- Assistance with special skills performance and training.
- Guidance and assistance with critical patients.
- Equipment preparation.
- Advice in ventilation of ICU cases.

Administration:

- Assistance with quality improvement initiatives.
- Preparation of teaching materials.
- Development of cognitive aids.